



The Refuge Center for Counseling

106 Mission Court, #302
Franklin, TN 37067

(615) 771-1155

Non-Profit Org.
U.S. Postage

PAID

Nashville, TN
Permit No. 119

Refuge Center Board of Directors

Keith Solomon, Chairman
Samuel Aderogba
Gary Bailey
Natalie Embry
Nicole Floyd
Dawn Garcia
Jennifer Gillett
Terre Grable
Heather Higham
Richard Hoertner
Beth Hopkins
Linda Crockett Jackson
Roger Johnson
Martin Maguire
Vanessa Melius
Cain Myers
Melanie Reeves
Thomas F. White

OFFERING HOPE TO A HURTING WORLD...



Winter, 2011

Dear Friends, Family and all Refuge Supporters:

As we reflect on 2011 our hearts are filled with gratitude and hope. This year has been marked by growth, opportunity and vision. This year we added new office space to accommodate an increased need for client services, added exemplary staff to our team, expanded programs, grew our social media presence and developed an aggressive and thorough strategic plan! We've seen clients find healing, restoration and hope! In 2011 we provided over 7,000 counseling sessions to nearly 1,000 individuals. Our ability to offer love and hope to a hurting world, one person at a time, is limited only by the resources available to us. We currently have a growing wait list and your support can make the difference for someone in crisis. Our goal is to ensure that every client who seeks our help receives excellent and timely care. Would you be willing to invest in the mission and work of Refuge? Please consider ways you may want to partner with us so we can continue to provide a place of refuge for those who are hurting. You can give by completing and returning the enclosed card or by visiting www.therefugecenter.org. Thank you for your support this past year!

Sincerely,

Amy Alexander and Jennifer Gillett
Refuge Center Co-Founders



Approximately 79 percent of our clients request financial assistance. For each of the 6,000+ sessions we provide each year, we must raise \$12 per session through donations in order to continue operating and providing the highest level of care. Your generosity will support the following:

- \$12 One counseling session scholarship with a Refuge therapist
- \$30 One medication visit scholarship with the advanced psychiatric nurse practitioner
- \$75 Board games for use in the Children's Play Therapy Room
- \$100 Workbooks for a group of six survivors of sexual abuse to use in our Wounded Hearts program
- \$120 Scholarship of ten client therapy sessions
- \$250 Books for the Client Resource Library to be taken home by adults and children (as recommended by their therapist.)
- \$750 Purchase of EMDR trauma therapy equipment
- \$1,000 Toys for use in the Children's Play Therapy Room (including dress-up clothes, modeling clay, paints, paper, sand-tray toys, yarn, etc.)
- \$2,500 Supplies for one year for The Refuge Center, including printer paper, printer cartridges, envelopes, letterhead, paper towels, cleaning supplies, etc.

The Refuge Center for Counseling exists to offer affordable professional counseling services in order to empower, educate and support individuals, couples and families in need.



Office Expansion Ribbon-Cutting

On August 16, in partnership with the Cool Springs/Brentwood Chamber of Commerce, The Refuge Center for Counseling held a ribbon-cutting ceremony to celebrate the expansion of its office space. Guests and Chamber members gathered at the center in Franklin, Tenn., to support the continued growth of the counseling center and its client base.

Prior to the ribbon-cutting, a private celebration was held in honor of the volunteer designers, Stacey Allen and Sandra Hatcher, who donated more than 100 hours of time for decorating and designing the space.

